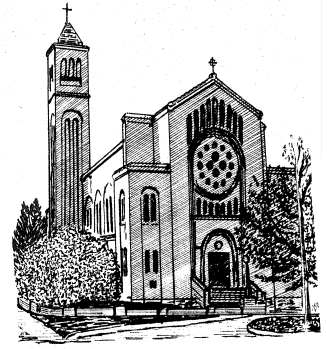


# St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)

18th Sunday in Ord.  
Time, Year B  
4th August 2024

Archdiocese of Canberra & Goulburn  
Archbishop: Most Rev Christopher Prowse DD STD  
Administrator: Fr Trenton van Reesch  
Assistant Priest: Fr Alexander Osborne



## PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (ph)  
cathedral@cg.org.au www.cg.org.au/cathedral  
Online Payments Link: www.bpoint.com.au/payments/sccp  
Parish Secretary: Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday  
Accounts Officer: Karina Widjaja—8am-4pm Friday



## Sunday Mass

### St Christopher's

Cnr Canberra Ave & Furneaux Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,  
11.00am (livestreamed),  
5.00pm

### St Peter Chanel's

Cnr Weston & Loch Streets,  
Yarralumla ACT

Sunday: 9.30am

## Weekday Mass

### St Christopher's

Monday to Friday: 7.30am &  
12.15pm

Saturday & Public Holidays:  
9.00am & 12.15pm

### St Peter Chanel's

Tuesday: 5.30pm

## Reconciliation

### St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

### St Peter Chanel's

Tuesday: 6.00 - 6.30pm

## Adoration

### St Christopher's

Tuesday to Friday: 5.00-6.00pm

## Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun  
4:45pm

## Baptisms

### St Christopher's:

2nd & 4th Sundays: 12.30pm

### St Peter Chanel's:

3rd Sunday: 10:30am

## Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

## Love the Giver, more than the Gift

In the Gospel this Sunday we hear Our Lord admonish the crowd. He says that they are not following Him for the correct reason. They are following Him because of the miracle he worked in last Sunday's Gospel, the feeding of the five thousand. He says the real reason they are following him isn't because they believe in him, but rather because they had all the food they could eat.

Why would this upset Jesus? Surely, He's the one who fed them... what did He expect to happen? Why wouldn't we expect hungry people to follow someone who can give them miraculous amounts of food?

Our Lord is unhappy, not because people are rejecting him, but because they misunderstand him. Jesus isn't trying to win votes, He doesn't need a following, what He wants is genuine relationship and understanding. Jesus wants people to follow Him because they understand the mercy and compassion of God, He wants people who will appreciate His sacrifice. Jesus doesn't want to be a magician or a charitable organization, He wants God and Humanity to be reconciled.

Here is a great danger for Christians: are we following God because we believe? Or are we following because we believe it is good for us? If we treat God in this sort of transactional way, our religion and our world quickly become very selfish. If the real question on our heart is 'What is best for me?' and not 'Who is God?' or, 'How can I live out His teaching?' our relationship with God becomes one-sided. We start to love the gift instead of the giver.

Once we have accepted that God is real, we grow in relationship with Him. How do we do this? How can we deepen, or fix our relationship with God? We need to look beyond the gifts, and miracles and wonders, and look instead to the person and the heart of God. "Why does God give us this, or that?" "Why does God allow this or that?" These are the questions we should start asking.

It is enlightening to see Jesus' motive for His miracles, usually Our Lord works a miracle out of compassion – and only sometimes out of necessity. It's also useful to see what Jesus doesn't do – he doesn't pay the people's tax for them, He never turns the Romans to ash, or causes Herod to break out in pimples, nor does He free St. John the Baptist from prison. What is Jesus trying to show us by this? Every miracle is an act from the very heart of God.

Jesus wants the hungry crowd to see not His power, but His purpose. Rather than bread and plenty, He wants us to see His wealth of compassion. Jesus wants us to look beyond the things of this world, and instead gaze into heaven.

Fr. Alex



# NOTICES

## PARISH MINISTRIES

### Director of Music

Ms Jaki Kane

### RCIA

Miss Becky Langworthy  
Contact Office

### School of Religion

Miss Chiara Catanzariti

### Youth Coordinator

Miss Anita Donaldson  
youth.cathedral@cg.org.au

### Safeguarding Officer

Mrs Hannah Ozolins  
cathedral.safeguarding@cg.org.au

### Weekly Liturgical Calendar

Mon Aug 5 18th Week in Ord. Time  
Tues Aug 6 Transfiguration of the Lord  
Wed July 7 18th Week in Ord. Time  
Thu. Aug 8 18th Week in Ord. Time  
St Mary MacKillop  
Fri. Aug 9 18th Week in Ord. Time  
Sat. Aug 10 18th Week in Ord. Time  
St Lawrence  
Sun Aug 11 19th SUNDAY in ORD TIME,  
Yr B

## PARISH GROUPS

### St Vincent de Paul

Good Shepherd Prayer Group  
Wednesday at 7pm SPC  
Parish Room (Feb-Dec)

Christian Meditation  
Saturday at 4:30pm SPC

## Other Communities

Spanish Community  
First Sunday of the month at  
11.30am SPC

African Community  
Second Sunday of the month at  
11.45am SPC begins Feb.

Filipino Community  
First Sunday bi-monthly at  
5.00pm SPC

For details of any of the  
above, contact the Parish  
Office.

**PARISH MORNING TEA**— First Sunday of the month in the Haydon Hall after the 8am Mass. Everyone is welcome! Next date: **Sunday 4th August.**

**THE CATHOLIC WEEKLY NEWSPAPER**— The Catholic Weekly is on sale for \$2 each weekend and is available in the Cathedral side foyer. This service is arranged by the St Vincent de Paul Society, which has to cover the cost of the papers. Please make sure you pay when taking a paper. Payment should be made into the donation box located in the side entrance foyer. Thank you.

**SACRAMENT OF RECONCILIATION** “God never tires of forgiving us; we are the ones who tire of seeking his mercy.”— Pope Francis, *Evangelii Gaudium*. Cathedral: Wed: 11:30am-12noon; Thurs: 6:00pm; Sat: 11:00am-12noon. St Peter Chanel's: Tues: 6:00pm. *Come back to me with all your heart - Joel 2:12*

**CATECHESIS WITH FR ALEX**— has transformed into **Apologetics**: Our first session, **5th August at 6:30pm** in the Haydon Hall, will explore why ordinary Catholics should know how to talk well and convincingly about their faith, as well teach attendees how to evaluate arguments for and against the faith, and practice answering them.

**NATIONAL VOCATIONS WEEK (4—11 AUGUST)** - An Archdiocesan Vocations Holy Hour will be held at St. Christopher's Cathedral **6pm** on Tuesday **6th August** (Feast of the Transfiguration) It will include Adoration, Evening Prayer and Rosary.

**ST. JOHN MARIE VIANNEY, Patron Saint of Parish Priests, FEAST DAY – 4th August.** Pray for an increase in vocations to the priesthood, that young men will answer Christ's Call, to become ministers of His Mercy, Body and Blood. We pray today, for all priests of our Archdiocese. May they have courage to hear and trust in the One who calls them as ardent, yet gentle ministers of your Gospel. If you feel called to explore the possibility of the priesthood or consecrated life, or for more information contact our Archdiocesan Vocations Directors Fr Emil, [emil.milat@cg.org.au](mailto:emil.milat@cg.org.au); [eden.langlands@cg.org.au](mailto:eden.langlands@cg.org.au), or [joshua.scott@cg.org.au](mailto:joshua.scott@cg.org.au).

**RCIA 2024-25** Interested in learning more about Jesus, exploring faith and life's meaning? Journey with a like-minded community. RCIA (*the Rite of Christian Initiation for Adults*) is an opportunity to learn more about the Catholic faith in a welcoming environment. Open to all and particularly designed for those interested in exploring the idea of becoming Catholic or receiving the Sacraments for the first time. We gather Thursday evenings, **6pm**, starting **26 September**. To register or for more Information, email [cathedral@cg.org.au](mailto:cathedral@cg.org.au)

**READ & FEED:** A young adults Catholic Spirituality book club held every **Friday at 7pm in Haydon Hall**. Join us for some tea, snacks and deep chats as we read 'Searching For and Maintaining Peace' by Fr. Jacques Philippe. Come with or without the book! (No Read & Feed on August 3rd).

**GRILL'D & GOD**— If you're in grades 7-12 then this is the event for you! Bring a friend and join us on the **6th of August from 5pm-7pm at Grill'd in Manuka** for a night of live music, great conversations and of course great burgers! Email Anita at [youth.cathedral@cg.org.au](mailto:youth.cathedral@cg.org.au) to register.

**ALL SAINTS DAY PARTY**— Save the Date for the upcoming annual All Saints Day Party. Sunday **3 November 2024**, after the 11am Mass at St Christopher's Cathedral in the Haydon Hall. More information to come.



SCAN TO FIND OUT  
WHAT'S HAPPENING  
IN THE PARISH!

AUGUST 2024

## ST CHRISTOPHER'S CATHEDRAL YOUTH

MONTHLY NEWSLETTER

<https://cgevangalisation.my.canva.site/>

# NOTICES

**Giving and Receiving**— Direct debit and QKR options are available, as well as TapnGo machines **Thank you sincerely for your generosity.** If you are able, perhaps consider donating to 1st and 2nd collection via direct debit . **The First collection: contributes to clergy of the Archdiocese.** If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL  
Bank Account: 000029248 Reference: FORREST & SURNAME

**The Second collection: contributes to parish mission and maintenance.** If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral  
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);  
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! Please see flyers located in the parish foyers. **Thank you for your generosity**

**CARETAXI: SAFE CHURCH TRANSPORT**— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit [caretaxi.com.au](http://caretaxi.com.au), or 0451 734 334.

**LABOR DEI**— Seeking young men to volunteer as workers to assist in various works of maintenance at the Cathedral. More info to come. Contact the parish office [cd@cg.org.au](mailto:cd@cg.org.au)

**Tim Fischer Oration on Ethics in Public and Political Life 2024 - 7 August 6pm** We are at the crossroads in Australia in particular, and in the Western World in general. Fundamental human values are under great strain, and so an overarching societal narrative is becoming opaque. The Tim Fischer Oration aims to enlighten and encourage us to seek out and promote a free and fair society. Do join us in our noble endeavour. **Speaker:** Professor Helen Alvare, Levy Endowed Chair in Law and Liberty at Antonin Scalia Law School, George Mason University **Q&A:** Chris Uhlmann, Political Journalist and TV Presenter **For more information & tickets visit** [www.tfo.org.au](http://www.tfo.org.au)

**Save the Date: Archdiocesan Women's breakfast with Dr Helen Alvare - Thursday, 8 August, 7.30 - 9.00am** Join us as we explore meaningful connections, marriage, family, career, mission and community-building. More details to come! Contact: [communications@cg.org.au](mailto:communications@cg.org.au)

**CHRIST OUR FIRM FOUNDATION RETREAT**— Queanbeyan parish Retreat open to all. Men and women (ages +18 +) are invited to join the Dominican Sisters of Saint Cecilia. Held on **10 August at 10am—6:30pm**. The day will focus on renewing the foundations of the spiritual life and will include Talks, a Holy Hour, Confession and a time of Fellowship. Lunch will be included. Bookings essential. A \$20 fee assists with retreat expenses. To register: [www.trybooking.com/CODMW](http://www.trybooking.com/CODMW)

**Volunteer For Vinnies Roadhouse**—Roadhouse is a free meal service for those in need! We provide a hot meal, groceries, and somewhere to have a chat and coffee. We would love you to come to even have a see what we do and get a taste of what Vinnies is all about! If you would like any more info, please call 0480311050. God Bless You, Tim Murray- Roadhouse Officer.

**We pray for...**

**Those to be baptised:** Leo Jukic

**Those who are ill:** Pieter van Gent, Mary Lou Davies, Gregory John McClelland, Cyrus & Maximus Mee, Maria Louisa, Rose Hook, Nicoletta Ricciuti, Sonja Vocisano, Archie Ferris, Tony Dickins, Marilena Damiano, Fr Greg Beath, Sophy Jacob, Alla Skorokhodova, Tony Kelly, Susie Menadue, Geraldene Ford, Maja Marija Olip, McKenzie Killian, Fr Bill, Leung Man Kon, Beryl Johnson, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Paul Mychailuk, Kalum, Nicholas Dyne.

**Anniversaries of death:** Bruna Stevenson, Maria Memmolo, Clare O'Connor, Rosa Morabito, Pat Boyle, Alejandro & Orlando Cerda, Alex Skleplic, Petty Gonsalvez, Paul Ryan, Francesco & Francesca Barbaro, Joan Kaucz, Anka Gnjec, Tulla & Sam Brown, Gwen & Mick Gallagher, Michael O'Brien, Odette Gaspardis, Michael McKewon, Teddy Kartadinata, Flo Daley, Fr Vincent Dowdy, Amelia Kneipp, William Saw, Anna Kieswimmer, Margaret Mary Kelly, Kath Durie, Annie James, Eileen Biggs, Annie Davis, Sr Gertrude Ryan, Michael Heath, Michael O'Connor, Cardinal EB Clancy, Fr Giuseppe Canova, Fr Adrian Cork, James Rice, Kit Dale, Rita Dodson, Noel Honan, Marjorie Kenny, Patricia Robertson, Charlie Morella, Norman Stevenson, Clive Waldren, Clarita Flores, Laurus Westende, Thomas Bradshaw, Kathleen Ford, Christopher Ford, Adrienne Brown, Rodrigo de Guzman, Marie Therese Pocock, Mary Euphrasia Fernando, Keith Wong, Gabriella Antonelli, Marie Hargraves, Marjorie Kenny, Amelia LoPilato, Kevin and Peg Guthrie, Fernando Antonelli, Mark Doyle

**Recently Deceased:** Fr Peter James Gannon, Kath Brandon, Fr Pat Kenna, Rosalie Crispe, Felice Lo Pilato, David Grimmond, Agnes Sorrentino, Sheila van Gent, Kevin Conlan, Emilia Belmonte, Domenico Barbatano, Sam Catanzariti, Maria Gallo, Victims of the Bondi Junction attack



## NATIONAL VOCATIONS AWARENESS WEEK

**4th—11th AUGUST 2024**

**- Vocations Awareness Week Holy Hour** – a prayer vigil for vocations on Tuesday 6 August at St. Christopher's Cathedral at 6pm.

**- Vocations Discernment Dinners for men** – The next monthly discernment dinner for men will be on Thursday 8 August at The Archbishop's House at 6pm.



# 18th Sunday in Ordinary Time —Year B — 3/4 August



Cathedral QR code

**Entrance Antiphon:** O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

**Responsorial:** The Lord gave them bread from heaven.

**Gospel Acclamation:** Alleluia, Alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

**Communion Antiphon:** You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

## First Reading

**Ex 16:2-4. 12-15**

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

## Second Reading

**Eph 4:17,20-24**

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

## Gospel

**John 6:24-35**

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

## READERS ROSTER AUGUST

Mass	Lectors		Eucharistic Ministers	
	3/4 Aug	10/11 Aug	3/4 Aug	10/11 Aug
5.00pm (SCC)	Jacob Madden Crystal Lavien	Becky Langworthy Mitch Tanner		
8.00am (SCC)	Becky Langworthy Zvon Seselja	Joe Zavone Louise Zavone		
9.30am (SPC)	Raphael Molu Maria Noronha	Jaye Corcoran Kristina Faigl		
11.00am (SCC)	Les Buszynski Bronwen Grey	Bronwen Grey Steven Beutel	Jacqueline Hipwell Leeann Galloway	Bronwen Grey Mark Hyman
5.00pm (SCC)	Anthony Brierley Liz Porra	Lynette Yap Francilia Gomes		

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St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla